

Published July 2023
Volume 2 | Issue 7

What to donate to Oasis™ DAY & RESOURCE CENTER



Narcan and Sharps Containers in Bathrooms



Here at HBHC, Our goal is to create a safe and supportive environment for all members of our community, and we believe that implementing harm reduction practices is a step in the right direction. We have, therefore, installed Narcan storage boxes and sharp disposal containers in the public bathrooms on every floor of our main building to not only protect our community members but also our staff who may come into contact with these hazardous materials.



THANK YOU to our staff who made this happen!

Wellness Days

On July 1st Heritage Behavioral Health Center kicked off our Wellness Days Program! Every full-time employee here at HBHC will receive a full 8-hour day of paid time off as a wellness day every other Friday. We hope that our staff will use this time to build personal overall wellness and be better equipped to promote wellness in the communities we serve. If you are interested in applying to work with us at Heritage Behavioral Health Center visit our website to view our current available jobs!

New Behavioral Health Urgent Care Hub

Our Behavioral Health Urgent Care Hub (BHUCH) works to improve access to care to anyone, anytime, anywhere. Whether contact is initiated by walking directly into our facility, by phone, or through our mobile crisis response team. **THANK YOU** to our staff members playing an active role in the BHUCH!

Social Media:

Be sure to follow us on Facebook, Instagram, and LinkedIn!



Sources of help include:

Heritage Crisis Number: 217-362-6262 (Dial 1)
Suicide and Crisis Lifeline: 988 (Text or Call)
Crisis Text Line: 741741
Trevor Text Line (LGBTQ+): 678678
Virtual Place of Hope: [heritagenet.org/hope](https://www.heritagenet.org/hope)

